

**Opening: Answer the following questions:**

Code Number:

Period:

Circle Sex: Male/Female

Age:

What time did you go to bed last night?

What time did you get up?

How many total hours of sleep?

Have you had any caffeine today (soda, coffee, energy drinks)?

**Opening: Answer the following questions:**

Code Number:

Period:

Circle Sex: Male/Female

Age:

What time did you go to bed last night?

What time did you get up?

How many total hours of sleep?

Have you had any caffeine today (soda, coffee, energy drinks)?